

## 5+1 -STEP GUIDE TO MASTERING LISTENING

### HANDOUT

**Step 1 – Watch the video first** and answer the questions in your own words in English (or in your first language).

*What's Ross' problem?* .....

*What happened to him?* .....

*Why did Dr Leedbetter want to talk to him at work?*.....

.....

*Why does Ross lose his cool in the end?*.....

**Step 2 – Watch the video again and take notes in English.** Write down all the words, expressions, half sentences, sentences anything that you find useful, interesting, or that you are not sure of.

YOUR NOTES

## Step 3 – Watch the video with subtitles in English and/or read the script.

Here is the script for this video (*courtesy of simplyscripts.com*).

Task 1: Highlight all the important language (words, expressions, sentences) with a marker.

Task 2: Highlight all the words/phrases that you found difficult to understand even if you can understand the words written in the script.

**Ross:** (entering, depressed) Hi.

**Joey:** What's wrong buddy?

**Ross:** Someone at work ate my sandwich!

**Chandler:** Well, what did the police say?

**Ross:** My Thanksgiving leftover sandwich. I can't believe someone ate it!

**Chandler:** Ross, it's just a sandwich!

**Ross:** Just a sandwich? Look, I am 30 years old, I'm about to be divorced twice and I just got evicted! That sandwich was the only good thing going on in my life! Someone ate the only good thing going on in my life!

**Monica:** Okay, look, I-I have enough stuff for one more sandwich, I mean I was going to eat it myself, but (motions that he can have it.)

**Ross:** (quietly) That-that would be incredible. Thank you so much. I-I still can't believe someone ate it!! I mean, look, I left a note and everything.

(Shows the note to Chandler who reads it aloud.)

**Chandler:** (reading) Knock-knock. Who's there? Ross Geller's lunch. Ross Geller's lunch, who? Ross Geller's lunch, please don't take me. Okay?

**Joey:** I'm surprised you didn't go home wearing your lunch.

*[Scene: The Museum of Prehistoric History (Ross's work); Ross is in the break room eating lunch as his boss, Dr. Leedbetter walks in.]*

**Dr. Leedbetter:** Umm, Ross. May I have a word with you?

**Ross:** Yeah, of course, Donald.

**Dr. Leedbetter:** We've been getting reports of some very angry behavior on your part.

**Ross:** What?!

**Dr. Leedbetter:** Threatening letters, refusal to meet deadlines, apparently people now call you mental.

**Ross:** (Proudly) Yeah.

**Dr. Leedbetter:** We want you to speak to a psychiatrist.

**Ross:** Oh no, you-you don't understand. Ugh, this is so silly. Umm, this is all because of a sandwich.

**Dr. Leedbetter:** (laughs) A sandwich?

**Ross:** Yeah. You see my-my sister makes these amazing turkey sandwiches. Her secret is, she puts a, an extra slice of gravy soaked bread in the middle; I call it the Moist Maker. Anyway, I-I put my sandwich in the fridge over here...

**Dr. Leedbetter:** (laughs) Oh, you know what?

**Ross:** What?

**Dr. Leedbetter:** I-I'm sorry. I, I-I-I believe I ate that.

**Ross:** You ate my sandwich?

**Dr. Leedbetter:** It was a simple mistake. It could happen to anyone.

**Ross:** (getting upset) Oh-oh really? Did you confuse it with your own turkey sandwich with a Moist Maker?

**Dr. Leedbetter:** No.

**Ross:** Do you perhaps remember seeing a note on top of it?

**Dr. Leedbetter:** There may have been a-a joke or a limerick of some kind.

**Ross:** (getting angry) That said it was my sandwich?!

**Dr. Leedbetter:** Now-now calm down. Come look in my office, some of it my still be in the trash.

**Ross:** (jumping to his feet in anger) What?

**Dr. Leedbetter:** Well, it was quite large. I-I-I-I had to throw most of it away.

**Ross:** You-you-you-you (trying to remain in control) threw my sandwich away!

**Ross:** (losing control, we hear him shout outside) MY SANDWICH?!!!

**Ross: MY SANDWICH!!!!!!**

## Step 4 – Watch the video and pause it a few times to catch up with your notes.

Task: Compare your notes to the words you learned from and highlighted in the script. List the words in the box.

### WORDS & EXPRESSIONS TO KNOW

## Step 5 – Active listening.

Task: Sum up what happened in this episode. Use the words you learned to talk/write about the episode in English.

### + 1 – Do the vocabulary activity below to practice useful expressions.

Task: Read the sentences from the episode and paraphrase them (say the same thing in a different way) in English.

What's **wrong**? - .....

Did you **confuse it with** your sandwich? - .....

May I **have a word with** you? - .....

**speak to** a psychiatrist - .....

I just **got evicted**. - .....

It's **just a sandwich**. - .....

## SAMPLE ANSWERS

### Step 1

What's Ross' problem? – Someone ate his sandwich at work.

What happened to him? – He put his leftover Thanksgiving sandwich in the fridge at work. He even put a note on it to make sure no one takes it by accident. Yet, someone took it and he was very upset.

Why did Dr Leedbetter want to talk to him? – Because he wanted to know why Ross got so aggressive at work lately.

Why did he lose his cool in the end? – Because as it turns out, Dr Leedbetter ate his sandwich.

### Step +1 Vocabulary activity

What's the matter?

Did you think it was yours?

Can I talk to you for a minute?

see a psychiatrist

I was kicked out of my apartment.

It's not a big deal, it's only a sandwich.

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